

## Remember - 6/7/2020

## **OVERVIEW**

There are specific and historic times or events in our lives that define us, both as individuals and as a nation. One resulting effect of those times is that there is a distinct "before and after." We are living in one of those times. The year 2020 will forever be etched in our minds. Jesus' death and resurrection was the most important historic event ever. It not only changed our eternity, but it created a before and after effect that divided time into BC and AD. Jesus modeled how we can remember that moment through communion. Let us set aside our fear, anxiety, insecurities, anger, etc., to remember the eternal sacrifices Jesus made!

Scripture: 1 Corinthians 11:24-27; 1 John 1:8-9, 4:9-10; 1 Thessalonians 5:16-18; Philippians 4:6-7; Hebrews 13:15; Psalm 103:8-12

## **APPLICATION**

- Share a moment in history that you can remember vividly a before and after moment that greatly impacted your life.
- Philippians 4:6-7 says, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." What worry, anxiety or distraction keeps you from remembering the sacrifice Jesus made?
- One way to remember the sacrifice Jesus made is to focus on gratitude -- the "with thanksgiving" in the verse above. Share some ways you are grateful for Him.
- Jesus modeled the breaking of bread and the drinking of wine as a symbolic way to remember. How has this action of remembrance personally impacted you?

HOMEWORK: Set aside some time this week to remember how God has been with you, loved you, provided for you, and protected you. Spend time thanking Him and worshiping Him.

