

GO DEEPER

MEMORY VERSE

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Galatians 5:22-23 (ESV)

BOTTOM LINE

Self-Control is Not Giving into Sin



TALK ABOUT IT

Read: Matthew 4:1-11

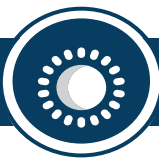
- How long did Jesus go without food in the wilderness?
- How did the devil tempt Jesus?
- How did Jesus not give into sin each time He was tempted?



AMPED WORSHIP

[Nothing Better](#)

[Your Love for Me](#)



THINK ABOUT IT

Discuss as a family:

- What is the Fruit of the Spirit gentleness?
- What is the Fruit of the Spirit self-control?
- What should we do when we are tempted to disobey God?



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