

GO DEEPER

MEMORY VERSE

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." **Galatians 5:22-23 (ESV)**

BOTTOM LINES

KINDNESS IS SHOWING GOD'S LOVE TO OTHERS; GOODNESS IS SELFLESSLY CHOOSING TO DO THE RIGHT THING



TALK ABOUT IT

Read: 2 Samuel 9

Talk About It:

- Why did David show kindness to Mephibosheth?
- What was unusual about this act of kindness?
- Who is it hard for you to be kind to?
- Take a moment and ask God to fill you with His kindness for everyone!



WAYS TO WORSHIP

Think about God's character. When you remember that God is good you will always have something to praise Him for. Even when things do not seem to be going well, God is still good. Make a bookmark that lists God's character qualities. When you use it, you can remember that you always have reason to praise God. In what ways do you see God's goodness?



THINK ABOUT IT

Get your Bible and see if you can use the book of Esther to discover the answers to these questions:

- How did Esther show goodness?
- Do you think it was easy for Esther to make the right choice? Why or why not?



KINDNESS IN ACTION

Kindness is love in action. It is valuing others above yourself by being friendly, loving, thoughtful, and considerate. When you are kind you will begin to really see others around you and look for opportunities to serve them. We should spread kindness like confetti! Use the list or come up with your own random acts of kindness to do with your family.