

BANANA NEWS



GO DEEPER REWIND VOL. 4

Memory Verse: "Then he said to the crowd, "If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow me." Luke 9:23 (NLT)

DAILY DEVOTIONS

DAY 1: JESUS LEADS

READ - Luke 5:1-3

Play a game of pretend where your child is a teacher. Do your best to follow and do what the "teacher" says. What do you find Jesus doing at the beginning of Luke 5? He is teaching! Jesus still leads through His teachings in the Bible. You may not be able to physically follow Him as the disciples did, but you can open the Bible, read His words, and follow Him. Will you follow? **Remember: Jesus Leads**

DAY 2: LOVE IN ACTION

READ - John 2:9-11, John 13:34

All of the miracles that Jesus performed while here on earth allowed people to see how amazing God is. The miracle of changing the water into wine was just the beginning. Jesus healed the sick, helped the poor, and showed us how to obey God. Jesus took action to share God's love with others. What action can you take today to show someone God's love? **Remember: Jesus Takes Action**

DAY 3: TRUST ISN'T ALWAYS EASY

READ - Luke 22:39-44, Psalm 56:3

Have you ever had to do something you didn't want to do? Jesus is our example that we can obey even when it is hard or we don't want to. Jesus even asked God the Father if there was any way to forgive our sins that would not make Him go through the pain of dying on the cross. But in this hard moment Jesus showed us how to trust God the Father by saying, "Not what I want, but God I will do what you want."

Remember: Jesus Trusts God the Father

DAY 4: HURRY!

READ - Matthew 28:1-8

What did Mary and Mary do after the angel told them Jesus had risen, (meaning He was alive)? Did they sit down and talk? Did they finish what they were doing? Did they go for a walk? No! They HURRIED. Can you show me how fast you can run? Wow! That was fast! They were so excited that they ran to share with others the good news that Jesus is alive! Are you excited that Jesus is alive? Who can you tell? **Remember: Jesus is Alive**

DAY 5: CHOOSE TO SHINE

READ - Matthew 5:14-16

Go to a light switch and let your child practice turning it on and off. When we think about lights, they often have a switch to turn them on and off easily. When we think about living like Jesus teaches us, we sometimes act like we have a switch that we can just turn on and off whenever we want. But that doesn't work. When we don't obey Jesus, we are "switching the light off" and choosing to sin. Sin brings darkness instead of light. Choose to obey Jesus and keep your light "on!" **Remember: Jesus Shines**



Materials: construction paper, scissors, glue

Create a paper lantern to remind you to let Jesus' light shine through you!

Directions:

- 1. Cut a one-inch strip off the 8 ½ inch long edge for the handle.
- 2. Fold the construction paper in half along the long edge.
- 3. Cut evenly spaced slashes along the folded edge (cut through both layers) leaving about 1 inch uncut on the open edges.
- 4. Open the paper up and then roll it into a tube lengthwise so the slashes run up and down.
- 5. Glue or tape the edges of the paper together.
- 6. Press down on the top of the lantern so it bulges out a little in the center.
- 7. Attach the one inch strip to the top of your lantern for a handle. Decorate with stickers, markers, etc.



SWEET REMINDERS OF JESUS

Materials: mini bag of M&Ms and Skittles

If someone asked you why they should follow Jesus what would you say to them? Open your bags of candy and dump them in a bowl. As you pull out each color use them as a reminder.

- Purple Jesus is the King of Kings; He is fully God & rules over all. (John 1:1-3)
- Orange Jesus was fully man; He understands. (John 1:14)
- Red Jesus is Savior; His blood brings forgiveness for our sin when we believe & trust in Him (Romans 5:8, John 3:16)
- Brown Jesus is more powerful than sin, death & darkness. (Acts 2:24)
- **Green** Jesus gives new life, eternal life. (Ephesians 2:8-10)
- **Blue** Jesus is always with His followers through His Holy Spirit. (John 14:16-17)
- Yellow Jesus is preparing a home for believers in Heaven. (John 14:1-6)

As you take each color, stop and give thanks for something God has created that is the same color. Then, after eating your sweet reminders pray and thank God for sending Jesus so that we can be forgiven and rescued from sin & hopelessness.



CUDDLE CLOSE

Materials: none

Before bed pull your child close beside you and say, "*Praise Jesus - He is good!*" As you tuck them into bed, sing, "Joyful Noise!" (www.tinyurl.com/praise-the-name). Then pray together, pausing after each phrase to let your child repeat after you:

Dear God,

Thank you for Your truth we read in the Bible.

Help me to keep learning about Jesus.

Thank you for your love!

In Jesus' name, Amen.

